



HOWZIT

**VOL 31
SEPTEMBER 2024**

MANIPAL ALUMNI ASSOCIATION NEWSLETTER

EXECUTIVE COMMITTEE

PRESIDENT:

Dr. Koh Kar Chai
H/P: 012-654 4148

VICE PRESIDENT:

Dr. Venothini Rajamuniandy
H/P: 012-918 9635

IMMEDIATE PAST PRESIDENT:

Dr Kewaljit Singh
H/P: 012-220 5590

SECRETARY:

Dr. John Emmanuel Fernandez
H/P: 012-829 0847

ASST. SECRETARY:

Dr. Krishila Basil
H/P: 017-381 1183

TREASURER:

Dr. Anand Kamalanathan
H/P: 016-660 2527

COMMITTEE MEMBERS

- Dr. Hanisa Sabrina**
Binti Mohd Roslan
H/P: 012-685 0902
- Dr. Devananthan Ilenghovan**
H/P: 017-229 6925
- Dr. Sim Khye Shen**
H/P: 016-406 5105
- Dr. Karishma Bhardwaj**
H/P: 012-511 1059
- Dr. Mohammad Nazmul Hasan Maziz**
H/P: 012-977 1486

Auditors

Dr. Sivaroshan Puvaneswaran
Prof. Dr. Jaspal Singh Sahota

For Membership Enquiries

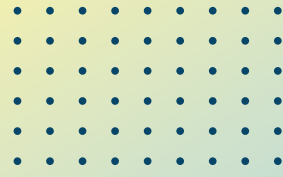
MAAM Secretariat Office
Poliklinik Kepong Baru,
54, Jalan Ambong Kiri Satu,
Kepong Baru,
52100 Kuala Lumpur.

✉ manipalmaam@gmail.com

🌐 www.manipal.org.my



◀ Executive Committee 2023-2024



Standing L-R:

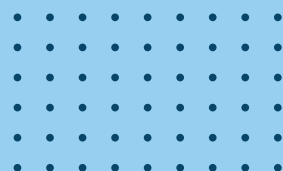
Dr. John Emmanuel Fernandez, Dr. Anand Kamalanathan,
Dr. Kewaljit Singh, Dr. Koh Kar Chai, Dr. Devanathan Ilenghovan.

Sitting L-R:

Dr. Krishila Basil, Dr. Venothini Rajamuniandy,
Dr. Hanisa Sabrina Binti Mohd Roslan

Absent:

Dr Karishma Bhardwaj, Dr. Mohammad Nazmul Hasan Maziz, Dr Sim Khye Shen





◀ Presidents Message

After a hiatus, HOWZIT is now back. Members of the Manipal Alumni Association Malaysia(MAAM) is known to everyone as a band of brothers and sisters who had undergone a challenging but wonderful period of undergraduate years and then continuing their camaraderie through their working years, getting together at every opportunity, and maintaining a link with our international alumni. The MAAM has thus carved a name for itself as a fun loving association of brotherhood and sisterhood. Sports activities are held regularly among its members as well as with other associations.

Through the recent years, the MAAM has also been serious in Continuous Professional Development activities to allow our alumni and the medical fraternity to further their knowledge and hone their skills in the ever evolving arena of medical practice. It has thus also created a name for itself as a provider of CPD activities.

The beginning of this term saw the committee members looking at resolving our pending issues with the Registrar of Societies(Jabatan Pendaftaran Persatuan Malaysia) as well as the Internal Revenue Department (Lembaga Hasil Dalam Negeri). It was a difficult and lengthy exercise which we managed to overcome. MAAM had to engage lawyers to deal with the ROS matters and also tax consultants in the run up to the submission of our tax account.

Thanks to the incessant efforts of Dr John Emmanuel, our Honorary Secretary who spent countless hours online and parking himself at the ROS office, we finally managed to rectify our entries in the electronic system of ROS.



Appreciation also goes to Dr Anand Kamalanathan, our Honorary Treasurer who along with our previous Honorary Treasurers, Dr Kewaljit Singh and Dr Venothini Rajamuniandy, had to go back into the accounts of previous years to ensure that our accounts are in order before submission to IRB.

Now that the association is back on track in its administrative and financial management, we are looking forward to the office bearers of the next term to bring this association to a higher level, surpassing the expectations of our members.

◀ Secretary's Message

Dear Members of the Manipal Alumni Association of Malaysia (MAAM),

We are thrilled to present the latest edition of our e-magazine, marking a significant milestone as we resume publication after a brief hiatus. This revival has been made possible through the dedicated efforts of our current MAAM President, Dr. Koh Kar Chai. We extend our heartfelt gratitude to the original members of the editorial team whose pioneering work laid the foundation for this magazine. Their vision and commitment have been instrumental in fostering a platform that keeps our community informed and connected.

During this term, our association has been bustling with activities. The MAAM Primary Care Symposia Series 2024, held from March 9th to 10th, saw a remarkable turnout of primary care doctors from various states, underscoring the growing influence and stature of the conference within the medical fraternity. Additionally, our collaboration with MMA Perak led to two significant events: the Webinar on Autism 2024 on April 20th and the Kempen Kesedaran Wanita dan Kanak-Kanak 2024 on April 28th. The MAAM Golf Tournament 2024, held on April 27th in Melaka, was another highlight, drawing golfers from across Malaysia, including non-members, and featuring a delightful dinner with excellent food and lively entertainment. Our ongoing Motivation Monday Series continues to spotlight successful and prominent MAAM members in various fields, inspiring our community weekly. Furthermore, the MASH journal, our scientific publication, has seen a steady increase in articles and is on its way to getting indexed in the coming years.

We are also pleased to report significant progress in resolving longstanding issues with the Registrar of Societies (ROS) and Lembaga Hasil Dalam Negeri (LHDN). All pending constitutional and administrative matters with the ROS have been successfully addressed. Our association is now fully registered with the LHDN, with all overdue taxes paid up to the current financial year. To ensure good financial practices, we have implemented a comprehensive financial process workflow for claims and payments to vendors and individuals. While summarized here briefly, resolving these issues required considerable time, effort, and numerous meetings with various parties.



Finally, we would like to express our deepest appreciation to all committee members for their invaluable contributions and diverse roles in making the association successful. We also extend our thanks to all members, whose support and participation are the lifeblood of MAAM. We encourage everyone to continue their support and stay tuned for upcoming activities, including the MAAM USG Workshop 2024, with details to be announced soon.

Warm regards,

Dr. John Emmanuel

Secretary,

Manipal Alumni Association of Malaysia (MAAM)

◀ Treasurer's Message

TAXES: AS CERTAIN AS DEATH

In the grand theatre of life, taxes often play the role of the inevitable villain, but they can also be the source of some much-needed humour. Benjamin Franklin famously quipped, "In life, nothing can be said to be certain except death and taxes". And while the Grim Reaper might be a bit too grim for our tastes, taxes certainly have a knack for making us laugh (and cry) in equal measures.

At the Manipal Alumni Association Malaysia, tax compliance is not merely a legal obligation, but a pivotal stride towards fostering enhanced transparency and accountability. By meticulously settling our tax dues with LHDN, the association is not only fulfilling its civic duty but also setting a beacon for other associations to emulate.

The MAAM- a distinguished group of alumni from the prestigious Manipal Universities (and its many reincarnations)- has been actively organising events, networking opportunities, and charitable initiatives for years. However, like many organisations, the intricacies of tax compliance seemed to have been overlooked as initially we were not a profitable organisation, and the income was negligible. But over the last few years, our coffers had been growing since we started organising symposiums and workshops.

The process to rectify our past tax issues was initiated around 2010, as it was brought up and discussed during committee meetings and the AGM. However, the optimal opportunity and time did not present itself until the tide of revolution swept through the nation, leading to changes in government and taxation laws. The Inland Revenue Board (LHDN) offered a complete reset for taxpayers who come forward to declare past income or amend erroneous past tax filings under the Special Voluntary Disclosure 2.0 Programme (PKPS 2.0). The special amnesty programme—from 1 June 2023 to 31 May 2024—was organised to encourage more Malaysians to fulfil their tax obligations. Aside from wiping the slate clean for affected taxpayers, the programme also offered a full penalty waiver for any unreported tax voluntarily disclosed.



It's a testament to our collective effort that our past committee decided to deliberate further and not declare in 2018-2019, which opened up an opportunity today. We have declared and paid our taxes in full for the years 2016-2022, amounting to RM 29,879.04 without paying a single fee in penalty. The accounts for 2023 have been audited, and we have paid our due taxes for 2023 by the end of June 2024. The decision to pay taxes was not made lightly; it involved extensive consultations with tax advisors and legal experts and countless hours of auditing paperwork. We engaged Invatex Consulting, an experienced team of tax and corporate advisors who revised our financial statements and advised us accordingly, and the outcome is clear: MAAM is now fully compliant with Malaysian tax laws, and its members can rest easy knowing that their beloved association is in good standing with the authorities.

With this tax hurdle behind us, MAAM can now redouble its efforts in what it does best: fostering a strong alumni community, supporting educational and sporting initiatives, and giving back to society. This should inspire hope and excitement among our members for the future of our association.

By Dr Anand Kamalanathan
Treasurer, MAAM
2022-2024

◀ Congratulations To Dr Koh

Dear Dr. Koh Kar Chai,

On behalf of the entire Manipal Alumni Association of Malaysia (MAAM), I would like to extend our heartfelt congratulations to you on the numerous awards and recognitions you have received, both locally and internationally. Your dedication and leadership in your professional endeavors are truly inspiring, and we are incredibly proud to have you as the President of our association. Your achievements not only elevate your personal standing but also bring immense pride to the MAAM community, reinforcing our commitment to strive for excellence.

We would also like to take this opportunity to thank you for your efforts and contributions to MAAM. As your term as President draws to a close, we sincerely hope that you will continue to serve the association in various capacities, sharing your wisdom and experience to ensure that MAAM continues to grow from strength to strength in the years to come. Your vision and commitment are integral to our collective success, and we look forward to your continued involvement. Congratulations once again.

Warmest regards,
Secretary
Manipal Alumni Association of Malaysia (MAAM)



Bestowed with the "Kesatria Mangku Negara" by KDYMM Seri Paduka Baginda Yang Di-Pertuan Agong, Al-Sultan Abdullah Ri'ayatuddin Al-Mustafa Billah Shah ibni Almarhum Sultan Haji Ahmad Shah Al-Musta'in Billah on 9, January 2024 at Istana Negara, Kuala Lumpur.



Honoured with the Healthcare Leadership Award at the 11th Edition Golden Globe Tigers awards ceremony held on 16, May 2023 in Kuala Lumpur.



Received the Healthcare Leadership Award certified by the World Federation of Healthcare Leaders at the 8th World Health & Wellness Congress & Awards on 16, Feb, 2024 at Mumbai, India.



◀ Manipal Alumni Science & Health (MASH) Journal (E-ISSN No. 2590-3977)

Manipal Alumni Science & Health (MASH) Journal is a publication of Manipal Alumni Association Malaysia (MAAM). This year MAAM is publishing the 9th volume of MASH Journal since its launch in 2014 by the then Minister of Health, Malaysia, Y.B. Datuk Seri Dr S Subramaniam. Until 2020, it had 1 issue and from 2021, two issues per year was started. It publishes carefully refereed research, review papers, short communication and case reports, which offer significant contribution to the science and health care industry. Coverage extends to all main-stream branches of diseases, disorders and health care, branches of dental disorders and health care, branches of Allied Health which are of interest to a wide audience.

MASH Journal is published as an open access to provide access to wider audience with common interest on science and health issues and challenges. The main goal of MASH Journal is to publish high quality peer-reviewed scientific papers in the field of science and health and serve as a forum for diverse viewpoints on major scientific, health issues and policies. The motto behind the journal is to help students, researchers and scientists worldwide to benefit from the high-quality peer reviewed articles and to their high performing works in the entire arena of science and health.

Author's benefit:

No publication charges.

Reliable, Easy, Transparent Publication Process.

Response is given within 24 hours.

The paper is reviewed within 2 weeks.

Confirmation on acceptance is given within 1 month.

The journal is open accessible with full PDF download.

Any form of queries is responded within 24 hours.

Currently there are highly qualified Editors who are very good researchers and experts in their own field. All the Editors are Manipal alumni and are highly committed to the welfare of this journal.

Board Of Editors



Chief Editor

DR. MOHAMMAD NAZMUL HASAN MAZIZ

BSc (Bangalore, India) MSc (Manipal, India) PhD (UM, Malaysia),

- Associate Professor in Medical Microbiology
- Graduate School of Medicine, Perdana University

Editor



DR. NG BOON HAU

MBBS (Manipal), MMed
(Internal Med UKM)

Fellowship in Respiratory
Medicine (MAS), FCCP

- Associate Professor in Internal
Medicine & Pulmonology
- Faculty of Medicine
- Universiti Kebangsaan Malaysia
- Consultant Physician &
Pulmonologist
- Hospital Canselor Tuanku Muhriz



DR. MILA NU NU HTAY

M.B.B.S (Mdy),

DTM&H (RCP, London),

MTID (Trop. Med., Liverpool),

MFM (Fam. Med., Edinburgh),

PhD (UM, Malaysia)

- Assistant Professor,
Department of Community Medicine,
Manipal University College Malaysia.



DR. JOHN EMMANUEL

MBBS (MANIPAL),

M.PaedSurg (Malaya)

• Paediatric Surgeon

- Hospital Raja Permaisuri Bainun



DR. ABDUL RASYID BIN SULAIMAN

MBBS (MANIPAL),

M.Med.Psy (Malaya)

- Psychiatrist & Senior Lecturer,
International Medical University

< Discount Scheme

Dear Members,

We are pleased to announce that the Manipal University
College Malaysia (MUCM) has recently revised the Alumni
Discount Scheme.

The revised scheme now offers a 10% rebate of the
published tuition fee of the academic programme
(Undergraduate and Postgraduate programmes) subject
to Terms & Conditions.

You may reach out to MUCM at 06 2896662 ext 1020/
1032/ 1035 & 1036 for further clarification.

< 4TH MAAM Golf Tour Melaka

Amongst our alumni members are those who are keen golfers who seek out every opportunity to have a game of golf with their peers. MAAM has been organising Annual Golf Tours for our Manipal golfers.

This year, the 4th MAAM Golf Tour was held on the 27, April 2024 at Tiara Golf and Country Club, Melaka with Professor Dr Jaspal Singh as the organizing chairman assisted by Dr Sivasuthan Letchumanan. A total of 23 golfers consisting of both Manipalites and invited guests took part in the golf tournament held on the morning of the 27th.

This was followed by a fellowship dinner at Rock Bottom Restaurant Melaka which was attended by a crowd of 60. Sponsors for the tournament and fellowship were MUCM, Active Scientific, Doctor Shield, MNE Solutions, Dato Dr Amar Pritpal, Dato Dr Kuldip Sohan and REGEN Rehab.

Previous editions of the golf tournament were held in Ipoh, Penang and Cameron Highlands respectively. The upcoming 5th edition of this tournament is scheduled to be held in Johor Bahru with details being finalized. We hope for an enthusiastic participation from our golfers.

By *Dr Krishila Basil*



< 21st Convocation Ceremony of the Manipal University College Malaysia



The convocation was held on 22, June, 2024 at Courtyard by Marriot, Melaka. There were a total of 55 graduates from BDS Batch 10, 86 graduates from MBBS Batch 43, and 116 graduates from MBBS Batch 44 who were dressed up in their graduation robes and mortar boards accompanied by their proud parents and close ones.

It was an ecstatic moment for the young ones as they received their scrolls and earned the right to the title of Dr being affixed to their names.

The Dr TMA Pai Gold Medal, Manipal University College Malaysia Book Prize for Best Dental Student was awarded to Dr Krystell Lau Chiu Yan from BDS Batch 10.

The Dr TMA Pai Gold Medal, Manipal University Medical College Malaysia Book Prize for Best Medical Student was awarded to Dr Natalie Lum Pui Yee from MBBS Batch 43.

The Dr TMA Pai Gold Medal, Manipal University Medical College Malaysia Book Prize for Best Medical Student was awarded to Dr Chong Shi Yan from MBBS Batch 44.

The Dato' K Pathmanaban Gold Medal , Manipal University College Malaysia Book Prize for the Best Student in Phase II Stage I Clinical Competency Examination went to Dr Duneesha Malintha Jayaweera Andra Hennadige from MBBS Batch 43.

The Dato' K Pathmanaban Gold Medal , Manipal University College Malaysia Book Prize for the Best Student in Phase II Stage I Clinical Competency Examination went to Dr Chong Shi Yan from MBBS Batch 44.

The Manipal Alumni Association Malaysia (MAAM) congratulates all Awards Recipients and all new graduates for their great achievement. The MAAM reminds all to not lose sight of their aspirations and to abide by the oath which they solemnly swore to during the convocation.



L to R:
Dr Koh Kar Chai, Prof Adinegara, Prof Ullas Kamath, Dr Gayathri, Prof Jayakumar, Prof Patrick Kee, Prof Jaspal Singh, Lt Gen Prof Venkatesh.



< MUCM Student's Annual Dinner 2024

Our journey started when I met up with President Dr. Koh Kar Chai at Sg. Besi at 4pm. After a teh tarik we enjoyed a pleasant drive together to Melaka. During the journey, we discussed the future of MAAM and the transition of leadership to MMMC Alumni. It was a productive conversation that set a positive tone for the evening ahead.

The dinner itself was a resplendent event filled with great entertainment, delicious food, and the warm camaraderie of attendees. Held at the Courtyard by Marriott in Melaka, the evening was themed around "The Great Gatsby," adding a touch of glamour to the proceedings. The MUCM Student Council, who served as excellent hosts and organizers, ensured a night to remember with various performances, a thrilling lucky draw, and a best-dressed competition that saw guests donning their finest Gatsby-inspired attire.

We were fortunate to meet with the Pioneer batch of Manipal Melaka Medical College who had taken a table to grace the event. One of them was the 1st Student President of MMMC, Dr. Rishya .

MAAM was proud to support this event, represented by President Dr. Koh, myself, and Dr. Mila. Special thanks are extended to the Student Affairs Department of MUCM for their invitation, making this evening of nostalgia, networking, and celebration possible. During the journey back to KL the same night, we reflected on what was truly a well-organized and memorable event. We could go to bed peacefully, assured that the future of Manipal Alumni is in good hands. Congratulations to the MUCM Student Council for their outstanding efforts!

Imm. Past President
Dr Kewaljit Singh.
(Charlie)





SYMPOSIUM SERIES ON PRIMARY CARE MEDICINE

Date | **22 & 23 February 2025**
Venue | **Four Points by Sheraton Puchong**



Endorsed by:



Manipal Alumni Association Malaysia

More information :
011 1188 2188

CPD

Pending
Approval



Dr. Thomas Abraham

Consultant
OMFS



Sreether Sundaram

Advocate
& Solicitor



Dr. Jeyavel Rajan

Senior Dental
Practitioner
in Endodontics.



Poovarni Rajagopal

Chartered
Accountant
MIA, FCCA



**Sunday
10th
November**

8.30 am- 5.30 pm

Sunway Lagoon Club
Petaling Jaya

A One Day CPD Seminar

Members of MPDPA , MAAM &
Doctor Shield Policy Holders : **RM 200**

Non Members of the above : **RM 300**

**LIMITED
SEATS**

- Endodontics :** To Save Or To Extract ?? ~ A dilemma for General Practitioners --- *Dr. Jeyavel Rajan*
- Addressing the Rise in Dental Indemnity Claims**
- Oral Surgery :** Preventing & Troubleshooting Oral Surgical Complications -- *Dr. Thomas Abraham*
- e-Invoicing. Are you Ready ?**
An Overview & All You Need To Know ! --- *Poovarni Rajagopal*

< 6th Abdominal Ultrasound Workshop

The 6th Abdominal Ultrasound workshop was held on 14, Sept, 2024 at Royale Chulan Kuala Lumpur. Recognising the need for our primary care practitioners to upskill themselves in the use of ultra sound imaging, MAAM has been organising annual ultrasound workshops for the benefit of our alumni and other doctors.

We would like to thank Dr. Apsara Panicker, the organising Chairperson as well as the speakers, Dr. Alan Basil Peter, Dr. Khairina Adilah Kamal Ariffin,

Dr. Natasha Mohd Arifin, Dr. Sivakumaran Karupayah, and Dr. Sumitha Balasingam, for their efforts at this workshop, which as usual is well attended and also much appreciated by the participants for its quality content.

Our appreciation also goes out to Active Scientific Sdn Bhd for their collaboration in this event.

