

MAAM Secretary's Report for the Term 2024-2025

1. EXCO Members for the Term 2024 - 2026

Dr Koh Kar Chai - **President**

Dr Sivasuthan Letchumanan - **Vice President**

Dr John Emmanuel - **Secretary**

Dr Krishila Basil - **Assistant Secretary**

Dr Anand Kamalanathan - **Treasurer**

Dr Nirmal Singh – **Committee Member (Senior Member Rep)**

Dr Arunadevi Ramasamy- **Committee Member (Dental Rep)**

Dr Venothini Rajamuniandy - **Committee Member**

Dr Apsara Panicker – **Committee Member**

Dr Ashwin Balasingam – **Committee Member**

Dr Kewaljit Singh – **Immediate Past President**

2. MAAM EXCO Meetings

A total of 6 EXCO meetings were held during this term. Meetings were held on the following dates:

	27 th October 2024 (Hybrid)	21 st December 2024 (Hybrid)	16 th February 2025 (Online)	24 th April 2025 (Physical)	27 th July 2025 (Physical)	9 th September 2025 (Online)
Dr Koh K.C	Present	Present	Present	Present	Present	Present
Dr Siva	Present	Present	Absent	Present	Absent	Absent
Dr John	Present	Present	Present	Present	Present	Present
Dr Krishila	Present	Absent	Present	Absent	Present	Absent
Dr Anand	Present	Present	Absent	Absent	Present	Present
Dr Nirmal	Present	Present	Present	Present	Present	Present
Dr Aruna	Present	Present	Present	Present	Present	Present
Dr Veno	Present	Absent	Present	Absent	Present	Absent
Dr Ashwin	Present	Present	Absent	Present	Present	Present
Dr Apsara	Present	Absent	Present	Present	Absent	Present
Dr Kewaljit	Present	Present	Absent	Present	Present	Present

3. Activities

3.1 WATTzupDoc Symposia Series on Primary Care Medicine 2025

This series of primary care symposium was born out of a need to cater to the professional needs of our medical graduates and also as a means to have a sustainable income for the Manipal Alumni Association Malaysia (MAAM) . It was designed as an annual Continuous Professional Development activity which was aimed at updating the healthcare professionals, especially the General Practitioners in the field of primary care medicine. The first Symposia held in June, 2014 was a huge success. This was followed by an annual symposium held every year with a skip in the year 2019. Participation in these symposia were not restricted to alumni members only but open to all professionals in the healthcare fraternity and it turned out to be a good move as it ensured the continuity of this series of symposia, being recognised as a program of value. The 11th Symposia Series on Primary Care Medicine was held on the 22nd and 23rd of February 2025 at Four Points by Sheraton, Puchong. There were 18 lecture sessions with various speakers who presented on a multitude of topics. This event had an attendance of up to 150 healthcare professionals. The lively exhibition area was occupied by 28 exhibition booths. A note of gratitude is expressed to Cleve Concepts as our valued partner in this series of Symposia.

The 12th Symposia Series on Primary Care Medicine is scheduled to be held on 7 and 8, February, 2026 at the same venue hotel.

3.2 Paediatric Surgical Oncology Webinar Series by the Solid Tumour Team of Princess Maxima Centre for Paediatric Oncology, Netherlands

This webinar series was mooted by Dr John Emmanuel during his fellowship training with the Princess Maxima Centre for Paediatric Oncology in Netherlands. MAAM in collaboration with the Malaysian Medical Association (Perak Branch) hosted these webinars focusing on organ based surgical oncology pathologies. Details of the webinars are as follows:

Date	Organ System	Centres Involved	Total Attendees	Collaboration
11 th of December 2024	Adrenal, Gonads & Oncofertility	1.Princess Maxima Centre for Paediatric Oncology 2. KKH Singapore	60	MAAM & MMA Perak
12 th of February 2025	Thoracic & Abdomen		230	MAAM & MMA Perak

These webinars were offered at no cost to members and featured lectures by speakers from world renowned centres. In addition, these educational sessions saw the attendance of healthcare workers from various countries and increase the visibility of MAAM as a provider for medical professional development.

3.3 The 5th MAAM Golf Tour

The 5th MAAM Golf Tour and fellowship dinner was held successfully in Johor Bahru on the 15th of March 2025. The event proved to be a wonderful avenue for Manipalites to catch up over a game of golf. There were 20 golfers for the game and 50 attendees for the dinner. Dr.Sarjit Singh was the Organising Chairman for this edition of the tour. Sponsors for the event included Volvo, Gleneagles Johor, MUCM and Dato Dr.Kuldip Sohan. The 6th MAAM Golf Tour slated for 2026 will be held in Selangor.

3.4 Wilms Tumour Symposium – A Two Part Series

This online international symposium was organised by Dr John Emmanuel on the 19th and 26th of May, 2025. This symposium was held in collaboration with the Malaysian Association of Paediatric Surgery(MAPS) and the Malaysian Medical Association(Perak Branch). The symposium focused on the various aspects of Wilms tumour and provided a comprehensive outlook at the SIOP-RTSG guidelines to manage these tumours. The speakers were from Malaysia, Indonesia and The Netherlands. There were a total of 300 participants and 100 participants respectively for Day 1 and Day 2. We hope to organise more such international sessions in the future.

3.5 The 7th MAAM Ultrasonography Workshop

The 7th MAAM Ultrasound Workshop was a two day workshop that successfully concluded on June 21st and 22nd, 2025, at the Four Points Sheraton KL. This year's theme, "Bigger. Better. Enriching. Advancing Ultrasound Excellence Together," was a direct reflection of our goal to make the event a truly "special 2 in 1 workshop". The 7th workshop was structured over two intensive days, catering to a diverse audience including General Practitioners, Medical Officers, and aspiring specialists. The OBG Ultrasound Workshop, held on Day 1 (June 21st, 2025), was a comprehensive, two-part programme dedicated to both obstetric and gynaecological imaging. The topics were strategically divided by trimester and by pathology to provide a complete view of the female pelvis and the pregnant uterus. The Abdominal Ultrasound Workshop, held on Day 2 (June 22nd, 2025), was designed to provide comprehensive training on the ultrasound evaluation of the major abdominal organ systems. The topics elaborated on in the program were highly focused on foundational knowledge, practical techniques, and the recognition of common pathologies. The inclusion of live and hands-on demonstrations proved to be an invaluable component, bridging the gap between theoretical knowledge and real-world application. The primary success of the event was the exceptional calibre of the faculty. We were proud and honoured to host renowned consultants and specialists from across the country - all alumnus, whose expertise in their respective fields provided attendees with the latest evidence-based knowledge and practical skills. We extend our deepest gratitude to the speakers for their generous contribution of time and expertise, the sponsors for their unwavering support, and the entire organising committee for their tireless efforts. Building on the momentum of seven consecutive successful years, MAAM is already committed to planning an

even more impactful event for 2026. Our mission remains clear: to provide a transformative learning experience where innovation meets hands-on expertise, thereby continuously elevating the standard of medical care in the region.

3.6 FRB Masterclass: Secrets to Stunning Anterior Composite – A Journey with Dr. Yazid

On the 3rd of August 2025, the Manipal Alumni Association Malaysia (MAAM) successfully hosted the FRB Masterclass: Secrets to Stunning Anterior Composite at Excel Dental Academy. This advanced dental workshop, designed to elevate clinicians' mastery of anterior composite restorations, drew an enthusiastic participation of 30 dental professionals, reflecting the growing demand for continuous education in aesthetic and restorative dentistry. The workshop was conducted by Dr Yazid, a distinguished clinician and educator, well-regarded for his expertise in aesthetic dentistry and practical approach to teaching. His lecture and live demonstrations provided invaluable insights into the artistry and science of anterior composite restorations – from shade selection and layering techniques to finishing and polishing protocols that achieve life-like, natural aesthetics. Participants were actively engaged throughout the session, benefiting not only from Dr Yazid's in-depth guidance but also from the opportunity to practice hands-on exercises under his supervision. The interactive format allowed attendees to refine their clinical skills, ask questions, and discuss real-life case applications. Feedback from participants was overwhelmingly positive. Many highlighted the clarity of instruction, the relevance of clinical tips shared, and the practical applicability of techniques learned during the workshop. For younger clinicians, it was an inspiring introduction to advanced aesthetic work, while for experienced practitioners, it offered fine-tuned strategies to enhance outcomes and patient satisfaction. The collaboration between MAAM and Excel Dental Academy underscores the commitment to fostering continuous professional development within the dental fraternity. The success of this FRB Masterclass reflects both organizations' dedication to advancing dental education and supporting practitioners in their pursuit of excellence in patient care. With the positive reception of this program, participants eagerly anticipate future workshops and advanced masterclasses that will further refine their expertise in restorative and aesthetic dentistry.

3.7 MAAM Sportivo

The football and pool teams were launched under the Sportivo banner in 2016. We are into our 10th year this year and the current captains are Dr Ashwin Raj Balasingam (Pool) and Dr Neshan Perumal (Football). The teams play a friendly match once every 1-2 months with the aim of bringing the alumni together. In addition, this year the football team has had futsal sessions among the alumni (2 months once) and played football matches against Hijaz FC, Warrior FC and Pasung FC. The pool team has played against Bar Council, Kelab PJ, Grandstand, TPG and National Press Club.

3.8 Motivation Monday

The Motivation Monday segment has currently gone 375th consecutive weeks churning out excellent weekly editions to highlight achievements by alumni members in their respective fields. MAAM wishes to highlight the efforts by Dr Sivasuthan, Dr Ganaish Raj and Dr Krishila Basil for consistently delivering this segment every week. We would also like to extend our gratitude to all subsequent team members and our dearest alumni who have played an exceptional role in achieving this feat.

3.9 CPD Endorsements by Society of Scientific Studies, MAAM

The Society of Scientific Studies, MAAM play a pivotal role in organizing educational activities for members of the association. This is in addition to the CPD endorsement services it provides to various pharmaceutical partners. The society is currently being led by Dr Koh Kar Chai who is the President of MAAM.

3.10 Collaboration with JA Assure (DocShield)

MAAM has actively collaborated with JA Assure to provide medical indemnity coverage under the DocShield banner. MAAM has been actively engaging JA Assure through regular discussion to provide up to date services. Members of MAAM are entitled to a 5% discount on products under the DocShield banner. DocShield remains an important partner of MAAM and we are committed to maintain this strategic relationship through various upcoming collaborations.

3.11 Manipal Alumni Science & Health Journal (MASH Journal)

The MASH Journal has seen a rapid increase in submission over the last couple of years with an increased number of submissions. The current Chief Editor is Associate Professor Dr Mohammad Nazmul Hasan Maziz from the Department of Medical Microbiology, Perdana University. The journal has launched Volume 10 at the time of this report. The MAAM EXCO together with the editorial team have recently signed Wolters-Kluwer publishing house to manage all aspects of the journal. We look forward to getting the journal indexed within the next 3-5 years.

3.11 Membership

MAAM membership recruitment is ongoing and is actively coupled with all MAAM activities.

Report Prepared By,



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Dr John Emmanuel

Secretary, MAAM (2024-2026 Term)

7th of October, 2025.

